



Food For Thought Recipe and Allergen Card

Cheese and Tomato Toasties

1 Portion

Ingredient	Hannah Product Code	Quantity
Grated Cheese	C000485	2 tbsp
Tomato – Sliced thinly		3 thin slices
Sliced Bread		2

RECIPE METHOD – ALLERGENS

1. Toast the **bread**
2. Top one slice with tomato
3. Sprinkle with **cheese**
4. Top with other slice of bread
5. Wrap in parchment paper or tin foil
6. Bake in the oven at 200°C for 4 minutes or until hot through

The allergens highlighted in RED are present in this dish
Allergens:
Cereals : Wheat Rye Barley Oats Spelt Kamut
Milk
Eggs
Peanuts
Tree Nuts
Sesame
Fish
Crustaceans
Molluscs
Celery
Mustard
Soya
Lupin
Sulphites
May contain...