



# Food For Thought Recipe and Allergen Card

## Fresh Fruit Trifle

### 100 Portions

Ingredient	Hannah Product Code	Quantity
Chosen Fruit		3k
Custard Powder	D009736	2k
<b>Milk</b>		
Jelly	D004100	
<b>Cream</b>		2 ltr
Cocoa Powder	D004309	Dusting
<b>Sponge cake (as per FFT Recipe)</b>		

#### RECIPE METHOD – **ALLERGENS**

1. Wash, peel and prepare chosen fruit place in the bottom of a serving dish
2. Prepare the Jelly mix as to the manufacturer's instruction
3. Pour cooled jelly mixture over chosen fruit
4. Allow to set over night
5. Prepare **sponge cake** as per FFT recipe, allow to cool and arrange over set jelly and fruit
6. Prepare the custard with **milk** to the manufacturer's instruction
7. Allow to cool and pour over sponge cake
8. Allow to set over night
9. Whisk the **cream** until stiff peaks are achieved
10. Pipe, or spread the cream on the top
11. Dust with cocoa powder

The allergens highlighted in <b>RED</b> are present in this dish
Allergens:
Cereals : <b>Wheat</b> Rye Barley Oats Spelt Kamut
<b>Milk</b>
<b>Eggs</b>
Peanuts
Tree Nuts
Sesame
Fish
Crustaceans
Molluscs
Celery
Mustard
Soya
Lupin
Sulphites
May contain...