



Food For Thought Recipe and Allergen Card

Popcorn

50 portions

Ingredient	Hannah Product Code	Quantity
Popcorn Kernels	D201742	200 grams
Vegetable Oil		100ml
Butter (Optional)		75 grams
Salt (Optional)		

RECIPE METHOD

1. In a large pan with a lid, pour the Vegetable oil in and heat, when it gets hot add the Popcorn Kernels to the pan and replace the lid, cook for 3-4 minutes, shaking the pan regularly to mix the kernels.
2. Remove from the heat and add the Butter and a little salt to taste (optional)

ALLERGEN INFORMATION OVERLEAF

The allergens highlighted in RED are present in this dish
Allergens:
Cereals : Wheat Rye Barley Oats Spelt Kamut
Milk
Eggs
Peanuts
Tree Nuts
Sesame
Fish
Crustaceans
Molluscs
Celery
Mustard
Soya
Lupin
Sulphites
May contain...