



Food For Thought Recipe and Allergen Card

Rice Pudding

100 Portions

Ingredient	Hannah Product Code	Quantity
Pudding rice	D006020	2.5k
Condensed Milk	C000842	4 x 397g
Caster Sugar	D001146	1k
Milk		7ltr
Nutmeg	D001118	1 tsp

RECIPE METHOD – ALLERGENS

1. Using a double boiler – (or in baking dishes in the oven) mix the pudding rice, condensed milk, sugar and **milk**
2. Cook for around 1 hour depending on the cooking method used until the rice has absorbed the milk mixture, stirring regularly
3. Add the nutmeg at the last minute and stir in well
4. Serve with jam or fresh fruit

The allergens highlighted in **RED** are present in this dish

Allergens:

Cereals : Wheat
Rye
Barley
Oats
Spelt
Kamut

Milk

Eggs

Peanuts

Tree Nuts

Sesame

Fish

Crustaceans

Molluscs

Celery

Mustard

Soya

Lupin

Sulphites

May contain...