



Food For Thought Recipe and Allergen Card

Tomato Salsa

50 Portions

Ingredient	Hannah Product Code	Quantity
Onion	C003011	2kg
Fresh Garlic	C003076	2 cloves
Fresh Coriander	C003026	20g
Tomato	C003012	2kg
Olive Oil		splash

RECIPE METHOD – ALLERGENS

1. Dice tomatoes, onion, garlic and coriander.
2. Mix ingredients adding a splash of olive oil and season.

The allergens highlighted in RED are present in this dish
Allergens:
Cereals : Wheat Rye Barley Oats Spelt Kamut
milk
egg
Peanuts
Tree Nuts
Sesame
Fish
Crustaceans
Molluscs
Celery
Mustard
Soya
Lupin
Sulphites
May contain...