



Food For Thought Recipe and Allergen Card

Tomato Salsa

30 Portions

Ingredient	Hannah Product Code	Quantity
Tomatoes	C003012	2k
Spring Onion	C003046	1 bunch
Red Onion	C003003	500g
Coriander	C003026	1 bunch
Red Chilli	C003002	3
Olive Oil	D001010	100ml
Salt and Pepper		To taste

RECIPE METHOD – ALLERGENS

1. Finely dice all vegetables and herbs
2. Season with salt and pepper
3. Add olive oil to adjust consistency
4. Chill for 1 hour before serving

The allergens highlighted in RED are present in this dish
Allergens:
Cereals : Wheat Rye Barley Oats Spelt Kamut
Milk
Eggs
Peanuts
Tree Nuts
Sesame
Fish
Crustaceans
Molluscs
Celery
Mustard
Soya
Lupin
Sulphites
May contain...