

Primary Lunch Menu



Week Commencing 14/02/22

Week 7	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We provide a variety of seasonal hot and cold dishes for children to freely choose from	Cheese and Tomato Quesadilla served with Vegetable Rice and Salad	Homemade Chicken Pie served with Mash Potato and Gravy	Vegetable Ravioli in Homemade Tomato Sauce	Turkey Roast Dinner served with Cauliflower Cheese and Roast Potatoes	Fish Fingers served with Chips and Mushy Peas
Alternative Jacket potatoes with tuna and other fillings available daily	Tuna Pasta with Cucumber and Red Onion	Cherry Tomato Quiche	Creamy Cheese Pasta Bake	Vegetable Paella	Veggie Sausage Roll
Homemade Soup	Chef Choice	Split Pea	Tomato and Basil	Chef Choice	Chef Choice
Starchy Food Various bread choices available	Wraps	Mash	Pasta	Roast Potato	Chips
Vegetables Salad Bar with Hummus	Mixed Salad	Peas	Tomatoes	Cauliflower	Peas
Dessert Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Iced Shortbread Fresh Fruit	Sponge Cake with Custard Fresh Fruit	Fresh Fruit Salad Yoghurts	Apple Flapjacks Fresh Fruit	Cheese and Crackers Mixed Flavour Yoghurts

Ask for daily chef specials

All our meat is sourced from local suppliers, we use free range eggs and organic flour where possible. All our fruit and vegetables are locally sourced where possible. Halal options available.

Food For Thought is a not-for-profit school meals company owned by its partner schools. Any surplus is reinvested in the company or returned to its member schools.